

WORKING FOR CARERS

Working for Carers supports unpaid carers and former carers to move closer to employment. Participants can access free support, tailored to meet their individual needs.

The project is led by Carers Trust and delivered across all London boroughs by four Carers Trust Network Partners (carer services). Working for Carers is jointly funded by the European Social Fund and The National Lottery Community Fund.

Who is this for?

Unpaid carers, former carers and organisations in touch with carers in London.

Who can register with the project?

To register, participants must meet the following criteria:

- **Unpaid carer or former carer:** An unpaid carer looks after a friend or family member who cannot cope without their support. The project also supports people whose caring role has ended.
- **Aged 25 or over:** The project can support participants at retirement age, if they are looking to move into employment.
- **Live in London:** Participants should live in London but can be caring for someone living outside London.
- **Not in any form of employment:** Participants cannot be in any form of work, including set up as self-employed or on a zero-hours contract.

Participants must bring the following when they register:

- Proof they can **live/work in the UK**, for example, passport, resident's permit or birth certificate.
- Evidence they are **not in employment**, for example, benefits letter/s (dated within 12 months).

A copy of the evidence is kept on file, along with the participant's registration form. This could be a scanned copy, screenshot taken during a videocall, or file sent electronically (in a secure way). The funders require that participants' files are stored until 2034.

Participants can talk to an advisor about the types of evidence they can provide. The advisor will also provide a copy of the Working for Carers privacy statement.





What types of support can carers access?

All participants complete an **assessment of their needs** and develop an **action plan**. The project supports participants at different stages – some are ready to move quickly into employment, whereas others may be taking their first steps.

Most support is **one-to-one** with an Employment Personal Advisor. Meetings are either face-to-face at a local venue (where possible) or by telephone or videocall. The meetings will vary but might cover CV writing, job searching, and identifying training needs.

The project has delivered **workshops** on topics such as: employability skills (for example, interview techniques); improving wellbeing and resilience; IT skills; and becoming self-employed. Participants might also access training delivered outside the project and/or volunteering opportunities.

The project can also provide some **financial support** to participants where this is required, for example towards replacement care, travel, training, work clothes or IT equipment.

Participants might be **referred to specialist support**, such as benefits advice, wellbeing support or help with English language skills. This might be provided by carer services or other local organisations.



Contact details

Camden Carers Service: 020 7428 8950 / wfc@camdencarers.org.uk

Covers: Camden, Islington, Kensington & Chelsea, Kingston, Merton, Richmond, Sutton, Westminster.

Carers Lewisham: 020 8699 8686 / workingforcarers@carerslewisham.org.uk

Covers: Bexley, Bromley, Croydon, City, Lambeth, Lewisham, Southwark, Wandsworth.

Harrow Carers: 020 8868 5224, Ext 218 / workingforcarers@harrowcarers.org

Covers: Barnet, Brent, Ealing, Enfield, Hammersmith & Fulham, Haringey, Harrow, Hillingdon, Hounslow.

Redbridge Carers Support Service:

020 8514 6251 / wfc@rcss.org.uk

Covers: Barking & Dagenham, Greenwich, Hackney, Havering, Newham, Redbridge, Tower Hamlets, Waltham Forest.

Visit carers.org/workingforcarers for further information including a video about the project, participants' stories and factsheets for carers.

“It feels great to start my career again and have all this opportunity to develop and see a brighter future, full of new challenges.”

Working for Carers participant

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