



**KINGSTON CARERS'  
NETWORK**  
*Improving the lives of carers in Kingston*



**Young  
Carers'  
Project**



## **Young Carer Activities Volunteer (Wednesday Evenings – Term Time) Role Details**

### **Background:**

Kingston Carers' Network is a charity that supports carers in the Royal Borough of Kingston upon Thames. A carer is someone who is providing support, unpaid, to a friend or family member who has a physical illness, disability, ill mental health or substance misuse issue. Our Young Carers' Project supports carers who are between the ages of 5 – 18.

### **How you can help:**

We are looking for volunteers to lend a hand at our 'drop-ins' for young carers over the age of 11 (school years 7-11). The drop-ins are an opportunity for young carers to meet together, take part in fun activities and seek advice from our support workers.

### **Time Commitment:**

The drop-ins take place every Wednesday (term time only), 5:00pm – 7:00pm. We would ask that you volunteer at least once a month.

### **Location:**

Searchlight Youth Centre, Kingston Rd, New Malden KT3 3RX

### **Possible tasks include:**

- Joining in activities
- Encouraging the young people to participate
- Food preparation
- Assisting with set-up and pack-down
- Using your initiative and lending a hand wherever you see help is needed
- Others – if you have a skill that you think would be beneficial (i.e. sports, craft etc.), let us know!

### **We ask that you would:**

- Carry out Level 1 Child Protection Training (online)
- Attend training events
- Undergo an Enhanced DBS check

## Benefits:

- The opportunity to help our young carers to build their confidence and have a break from their caring role
- Gain experience working with young people
- Ongoing support from the Young Carers' Team and volunteer manager

## Expenditure:

- Your out-of-pocket travel expenses will be reimbursed.

## The qualities and attributes we are looking for:

No formal qualifications are needed, but we will look for some key skills and personal qualities.

## A great Activity Enabler will be:

- Reliable
- Committed
- Patient
- Non-discriminatory
- A good communicator/listener

## What happens next?

- **If you are interested in applying for the role, or would like to find out more, contact Lyndsey at [volunteering@kingstoncarers.org.uk](mailto:volunteering@kingstoncarers.org.uk) or 07458 305 350**
- Lyndsey will then send you an application form to complete
- Once this is returned, Lyndsey will invite you to have an informal chat, either over Zoom or in person
- If you decide to go ahead, Lyndsey will send off for your references and DBS (criminal records) check, and you will complete your online safeguarding training
- We will then invite you to come along for a trial session

At Kingston Carers' Network we are committed to safeguarding and promoting the welfare of children and vulnerable adults. We expect all volunteers to share this commitment. Safer recruitment practice and background checks will be undertaken before any role is offered.

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