



Young  
Carers'  
Project



**Young Adult Carer Activities Volunteer  
Evening Drop In  
1<sup>st</sup> and 3<sup>rd</sup> Friday of the month (term time)  
6:00pm – 8:00pm**

**Background:**

Kingston Carers' Network (KCN) is a charity that supports unpaid carers in the Royal Borough of Kingston upon Thames. Our Young Carers' Project supports children who are caring for a family member who has a physical illness, disability, mental health problem, or substance misuse issue. Our term-time drop-ins give young carers a space to meet, take part in fun activities and seek advice from our support workers.

**How you can help:**

We are looking for fun and enthusiastic people to lend a hand at our Young Adult Carer (YAC) Activities drop-in for young adults aged 18 to 25. Our activities volunteers play an integral role in helping to facilitate our drop-in sessions, including supporting activities such as preparing snacks, games and providing general support for the young adult carers.

**Time commitment:**

The drop-in takes place every 1<sup>st</sup> and 3<sup>rd</sup> Friday of the month, 6:00pm – 8:00pm. We ask that you volunteer at least once a month, on a rota basis, for a period of at least 6 months.

**Location:**

Searchlight Youth Centre, Kingston Road, New Malden, KT3 3RX. Parking available.

**Possible tasks include:**

- Assisting in the facilitation of sessions
- Assisting with the set up and pack down of equipment and resources
- Interacting with the young adult carers and encouraging them to engage with the session
- Preparing refreshments

**We ask that you would:**

- Carry out Level 1 Child Protection Training (online)



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- Participate in additional training as needed
- Undergo an Enhanced DBS (criminal records) check (paid for by us)

### Benefits:

- Gain experience working with young people
- Help our young carers to build their confidence and have a break from their caring role
- Meet new people
- Be part of a friendly team

### Expenses:

- Your out-of-pocket travel expenses will be reimbursed
- All training is provided free of charge

### The qualities and attributes we are looking for:

No formal qualifications are needed, but we will look for some key skills and personal qualities:

- Enthusiasm for working with young people
- Reliable and committed
- Patient
- Non-discriminatory
- A good communicator/listener
- Experience interacting with young people

### What happens next?

- If this role sounds like a good fit for you, [click here to complete our application form online](#)
- If you have any questions, or would prefer to receive an application form in the post, contact Aisha (Volunteer Coordinator) at [volunteering@kingstoncarers.org.uk](mailto:volunteering@kingstoncarers.org.uk) or 07458 305 350
- Once we have received your application, Aisha will invite you for informal interview, either online or in person
- If you decide to go ahead, Aisha will send off for your references and DBS (criminal records) check and you will complete online safeguarding training
- We will then invite you to start on a 4-week trial basis

At Kingston Carers' Network we are committed to safeguarding and promoting the welfare of children and vulnerable adults. We expect all volunteers to share this



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is offered.

commitment. Safer recruitment practice and background checks will be undertaken before any role