



Carer's
Assessments

The image features a large, vibrant red speech bubble with a white outline, positioned centrally. Inside the bubble, the words "Carer's" and "Assessments" are written in a clean, white, sans-serif font, stacked vertically. The background is white and decorated with several thin, light gray curved lines that sweep across the frame, creating a sense of motion and depth. A dark gray, curved shape is visible on the left side, partially overlapping the bottom edge of the red bubble.

What is a Carer's Assessment?

- The Care Act 2014 recognises the equal importance of supporting carers and the people they care for. The Care Act gives carers the right to receive support from their local authority if they have eligible needs.
- KCN can carry out a Carer's Assessment (CA) for carers over 18 years old who are looking after another adult over 18 years old who is disabled, ill or elderly. You will be entitled to an assessment regardless of the amount or type of care you provide, your financial means or your level of need for support. You don't necessarily have to live with the person you are looking after or be caring full-time to have an assessment. You may be juggling work and care and this is having a big impact on your life.
- As trusted assessors, KCN can do the CA on behalf of the council.
- If you care for a disabled child under the age of 18 years old or you are a young carer, you are also entitled to a carer's assessment which will be carried out by RBK/Achieving for Children.



What to expect

- Typically a CA would take place in the office or as a home visit but currently we are doing them over the phone or via video call.
- Once you have requested a CA with us, we aim to call you and book an appointment within 3 weeks.
- The CA usually takes an hour but can be more or less depending on how much you wish to talk about.

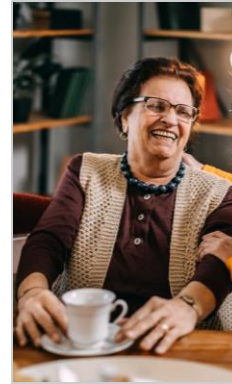
Why have a Carer's Assessment?

- It is an opportunity to record the impact that caring has on your life and what support or services you need. The assessment will look at for example, physical, mental and emotional needs, and whether you are able or willing to carry on caring.

The assessment will look at and offer support with:

- your caring role and how it affects your life and wellbeing
- your health – physical, mental and emotional issues
- your feelings and choices about caring
- work, study, training, leisure
- relationships, social activities and your goals
- housing
- planning for emergencies (such as a Carer Emergency alert card) – the local council should be able to tell you more about what they can do to help you plan for an emergency

After the assessment



Once the assessment is complete, we decide if you are eligible for services to be commissioned. Those services typically include 72 hours of relief care which is a sitting service for the cared-for so that you can take a break from your caring role and a flexible breaks payment of £200 which can be spent on leisure and wellbeing services such as massage, gym membership, theatre tickets, getting a haircut etc.

How we decide who is eligible for services

There are three questions that we need to consider when making our decision about eligibility for services.

1. Are your needs the result of you providing necessary care?
2. Does your caring role have an effect on you?
3. Is there, or is there likely to be, a significant impact on your wellbeing?

Even if you are not eligible for services, having a CA is a good place to start to see what extra support you might need.

We can give general support and advice and discuss what services might be useful for you. We can explore if you or the cared-for may be entitled to benefits such as Carer's allowance, Personal Independence Payment and Attendance Allowance.

How do I request an assessment?

You can request a carer's assessment by calling the KCN office 020 3031 2757 or emailing admin@kingstoncarers.org.uk

- Any questions?