



Young Carer Activities Volunteer School Holidays

Background:

Kingston Carers' Network (KCN) is a charity that supports unpaid carers in the Royal Borough of Kingston upon Thames. Our Young Carers' Project supports children who are caring for a family member who has a physical illness, disability, mental health problem, or substance misuse issue.

How you can help:

We are looking for fun and enthusiastic people to lend a hand at our programme of outings and activities for young carers in the school holidays. Previous activities have included: sports sessions, cookery workshops, art and crafts, drama, science workshops and day trips, such as visiting the seaside or theatre.

Time commitment:

Our activities and trips take place in the school holidays. These can be daytime, evening or weekends. This is a flexible role. We will send you a list of upcoming activities and you can sign up for those that interest you. We ask that you aim to volunteer at least once in each school holiday, for a minimum period of 6 months.

Location:

Most of our activities take place in the borough of Kingston Upon Thames. Occasionally there are trips to other locations, such as London or the seaside. In these cases, transport will be provided.

Possible tasks include:

- Assisting in the delivery of activities
- Assisting with the set up and pack down of session equipment and resources
- Interacting with the young people
- Giving out snacks and drinks
- Supporting staff to supervise the young people

We ask that you would:

- Carry out Level 1 Child Protection Training (online)
- Participate in additional training as needed
- Undergo an Enhanced DBS (criminal records) check (paid for by us)

Benefits:

- Gain experience working with young people
- Help our young carers to build their confidence and have a break from their caring role
- Meet new people
- Be part of a friendly team

Expenses:

- Your out-of-pocket travel expenses will be reimbursed. We will cover any ticket/entry costs for activities and will provide food on day trips
- All training is provided free of charge

The qualities and attributes we are looking for:

No formal qualifications are needed, but we will look for some key skills and personal qualities:

- Enthusiasm for working with young people
- Reliable and committed
- Patient
- Non-discriminatory
- A good communicator/listener
- Experience interacting with young people

What happens next?

- **If this role sounds like a good fit for you, [click here to complete our application form online](#)**
- If you have any questions, or would prefer to receive an application form in the post, contact Lyndsey (Volunteer Manager) at volunteering@kingstoncarers.org.uk or 07458 305 350
- Once we have received your application, Lyndsey will invite you for an informal interview, either online or in person
- If you decide to go ahead, Lyndsey will send off for your references and DBS (criminal records) check and you will complete online safeguarding training
- We will then invite you along for a trial activity



At Kingston Carers' Network we are committed to safeguarding and promoting the welfare of children and vulnerable adults. We expect all volunteers to share this commitment. Safer recruitment practice and background checks will be undertaken before any role is offered.