# Kingston Carers' Network

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### Who we are and what we do

Kingston Carers' Network is a local charity, providing independent advice, advocacy and support to people who care for someone living in the Royal Borough of Kingston upon Thames. We support carers of all ages, helping over 4,000 carers in 2024 including 800 young carers aged 5 to 18.

KCN is funded from a combination of contracts with local commissioners, grant funding and a small amount of donations.

There is a wealth of information on our website covering all aspects of our aims and objectives, our staff, and our volunteers. Our latest Newsletter highlights the range of activities we offer.

### **Strategic Review**

Under strong leadership KCN has expanded from a small charity to one managing a revenue budget of over £740,000 with a six-fold increase in the number of carers we support. The Board has completed a strategic review and is embarking on a strengthening of the Board and a review of KCN's management structure.

### **Board of Trustees**

Kingston Carers' Network is a charity registered in England and Wales. It is also a company limited by guarantee and operates in accordance with its Memorandum and Articles of Association. KCN has a board of trustees, who serve as directors of our company:

Dr Tony Woods	Chair		Mr John Mays	Deputy Chair
Mr Peter Whatnall	Treasurer		Mr Bob Humphries	
Mrs Dawn Whitcom	be	Ì	Mr Simon Post	
Mr Thay Thayalan			Mr Steven Blake	

### Management

Rachael Stokes is our Chief Executive (starting 9<sup>th</sup> September 2024), David Still is our Deputy CEO, Liz Grimwood is our Young Carers Project Manager, Lily Bath is our Adult Carers Team Manager, and Joanne Maye is our Communications Manager.

Jo Cocup is our Company Secretary and Office Operations Manager.

# Dates of Board meetings

Our Board meetings take place at our offices, normally at 6.15 pm on the third Wednesday of each month. During the Covid-19 pandemic, the meetings were held virtually, via Zoom

The current schedule for 2025 is:

15<sup>th</sup> January

19<sup>th</sup> February

19<sup>th</sup> March